



Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 10 (August 1—5)

IMPORTANT REMINDERS:

- Our camp rules are “Be safe. Be respectful. Be responsible.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



ISLAND OASIS WATER PARK – GRAND ISLAND

This week campers will be spending Wednesday at Grand Island Oasis Water Park. In addition to your swimsuit, sunscreen, and towel, campers will need to bring a **disposable lunch** so we can eat when we get there. Please remember not to bring items that could get lost or stolen (Nintendo’s, iPods, cell phones, etc).

THIS WEEK’S HIGHLIGHTS

Monday

Health Rocks and Archery Day!

In the morning campers will be doing tennis and other active games outside. In the afternoon campers will be participating in our Health Rocks program and doing archery.

Tuesday

Tennis and Swimming Day!

In the morning campers will start out with tennis and soccer. Afterwards they will go swimming at Irvingdale Pool from 11:30-1:00. Remember your swimsuits, sunscreen and towel! In the afternoon campers will play active games and participate in our first theme activity of the week. *Registration deadline for Summer Day Camp Archery Tournament.*

Wednesday

Grand Island Oasis Field Trip!

Today campers will be going to Grand Island Oasis Water Park. We will be leaving the center at 10:00am and returning to the center at approximately 4:30 pm. See details above.

Thursday

Swimming, Craft Challenge, and Archery Tournament!

In the morning campers will start out by doing an inactive game and afterwards campers will go swimming at Irvingdale Pool from 11:30-1:00. In the afternoon campers will do our craft challenge of the week and active games in the gym. Campers who wish to participate in today’s Parks and Recreation Day Camp Archery Tournament at Belmont Rec. Center should register by Tuesday, Aug. 2. (Forms are available at parks.lincoln.ne.gov/irving and at the front counter.) Space is limited!

Friday

Swimming and Game Show Day!

In the morning campers will play our camper choice game of the week and then go swimming at Irvingdale Pool from 11:30-1:00. In the afternoon campers will watch our movie of the week and also do our challenge course.

Fitness Focus: Cardiovascular Endurance

PARENT SURVEYS

Parent surveys are available this week at the front counter and can also be completed online (see our weekly email newsletter). The survey takes approx. 3 minutes to complete, and the information we receive is extremely valuable to us as we gauge the effectiveness of our programs. Thanks in advance for taking a moment to share a little about your family’s experience at Irving Rec. Center this summer!